

*Free to
members/their
families (13+)*

Self-defense training

The Executive Board approved in-person
at the SPEEA halls for this event.

SPEEA Tukwila and online - Sunday, March 13, 2 to 4 p.m.

SPEEA Everett and online - Sunday, March 27, 2 to 4 p.m.

Email meetings@speea.org to
sign up (note in-person or virtual).

Masks and proof of vaccination required for attending in-person.

Bulletin Board Number

#22-025 NW



March

•• Bulletin Board Notice ••